

An Unpleasant Vision

The Survival Files — Case 7 — ESS = 165.6

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This case comes from an interview, by psychologist Kenneth Ring, Ph.D., of a woman who is congenitally blind regarding an out-of-body experience she had.

While lying on her back one summer night, Cheryl says she had “a tumbling sensation” and found herself looking down at her body from a height of “10 or 12 feet in the air.” Then, suddenly, she found herself transported to the house of her girlfriend, Irene. From a vantage point in the doorway of the bathroom, Cheryl observed someone kneeling in front of the toilet. It was another friend, Pat, who was holding her hair back with her left hand as she vomited into the toilet bowl. Cheryl noted the placement of all the usual fixtures around the bathroom. Later, Pat confirmed (to the researchers) that she and Irene had been partying and “had a few too many to drink, and I ended up getting sick.” Pat also confirmed Cheryl’s observations that she had been holding her long hair back with her left hand “and everything like that.”

Discussion

Commentary on the significance of visual OBEs by those blind since birth may be found on pages 41-45 of [The Survival Files](#).

ESS Score

The CS rating is “ee” CS = 101.

The WR rating is “k”. WR = 64.

The IC rating is “t”. IC = 0.6.

Total ESS Score: $101 + 64 + .6 = 165.6$

For Further Information See: [Mindsight: Near-Death and Out-of-Body Experiences in the Blind](#), by Kenneth Ring and Sharon Cooper, 1999.

END CASE 7
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